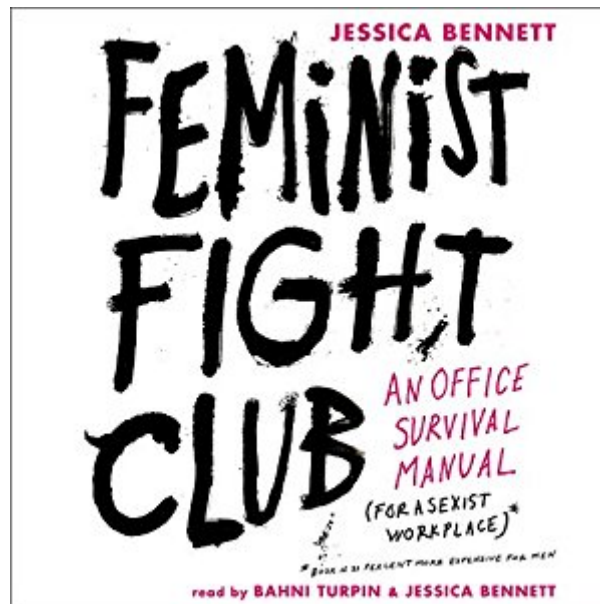


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# Feminist Fight Club: An Office Survival Manual For A Sexist Workplace



## Synopsis

Part manual, part manifesto, a humorous yet incisive guide to navigating subtle sexism at work - a Lean In for the BuzzFeed generation that provides real-life career advice and humorous reinforcement for a new generation of professional women. It was a fight club - but without the fighting and without the men. Every month the women would huddle in a friend's apartment to share sexist job frustrations and trade tips for how best to tackle them. Once upon a time, you might have called them a consciousness-raising group. But the problems of today's working world are more subtle, less pronounced, harder to identify - and harder to prove - than those of their foremothers. These women weren't just there to vent. They needed battle tactics. And so the fight club was born. Hard hitting and entertaining, Feminist Fight Club blends personal stories with research, statistics, and no-bullsh\*t expert advice. Bennett offers a new vocabulary for the sexist workplace archetypes women encounter every day - such as the Manterrupter, who talks over female colleagues in meetings, or the Himitator, who appropriates their ideas - and provides practical hacks for navigating other gender landmines in today's working world. With Feminist Mad Libs, a Negotiation Cheat Sheet, and fascinating historical research, Feminist Fight Club tackles both the external (sexist) and internal (self-sabotaging) behaviors that plague women in the workplace - as well as the system that perpetuates them.

## Book Information

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## Customer Reviews

So much of the literature surrounding 'feminist' issues neglects to include the voice of marginalized groups of women (whether that be low income women, queer women, transgender women, women

of color, differently-abled women, or any other non-privileged identity). However, Feminist Fight Club offers a new, fresh, and inclusive take on what it means to be a feminist and working woman in today's world. Not only is it hysterical, it is informative, intelligent, and most importantly, useful. I would recommend this book to everybody-- not just ladies or those in corporate spheres-- everybody.

This book will change your life. It sure changed mine. As a millennial feminist, the messages in Jessica's book resonated with and empowered me. What's more, her humor, wit, and charm all contribute to making what should be a necessary read for all women a deeply satisfying and entertaining one as well. I can guarantee you this book will make you a smarter and more thoughtful person -- and, if you're a woman working under the patriarchy, a more successful, kick-ass, take-no-prisoners, invaluable employee/r, too. Also, FFC makes for a perfect graduation, birthday, or back-to-school gift!

I am a college senior who is about to enter the real world. I thought of myself as someone well-versed in workplace settings, having spent several summers in different internships, but this book made me realize that there are so many things to look out for and ways I could be, and was, holding myself back in the real world. For example, you can negotiate your salary and your benefits? Incredible. Reading this book also made me have confidence in myself. I stopped saying "I've never done this before; let me take a stab at it" to "I'm happy to lead this project." I stopped looking around and compartmentalizing my peers (and myself) inside distinct skills groups. The great thing about this book is that it is at the intersection of research, humor, and guidance. It's really funny, but it's also impeccably researched. It's an office survival manual, but it's also coming from someone (Jess Bennett) who has worked at large news organizations and from her couch. It's also intersectional, with Bennett bringing up how people of different backgrounds will experience things in different and cumulative ways. Women of color, like myself, will have a different experience in the workplace, and this is something that Bennett is keen to bring up.

CANNOT speak highly enough of this book. Bennett does an amazing job of not just talking about the obstacles that women face in the workplace, but giving real life and ACTUALLY HELPFUL tips on how to combat them. That she does so in a hilarious and readable way (with awesome illustrations) is an added bonus. I bought this book for every woman in my company, and would recommend it for any woman who's entering the workplace, is already in the workplace, or is ever

planning to enter the workplace. To be honest every man who works with women (aka every man who has a job) should read it too.

This extremely entertaining, accessible, modern and inclusive feminist work is important for any working woman, especially any young working woman. As an approaching college grad, FFC has become my bible/manual as to how to approach the working world once I'm out of school. I would highly recommend this!

I'm in the middle of reading this book and already feel compelled to review it. I have a female boss who is supportive and empowering, so I wondered if a book on sexism in the workplace would even be that relevant to me. This book is meant for every working woman! Even though I am in a positive work environment, I have strongly identified with what Bennet wrote about working mother's (As someone who pumped for over a year, I laughed out loud at the stuff about "lactaters" and the "Will I pump today?" flow chart...I was not expecting this and I loved it!). This book reminds women to speak up, take credit they deserve, and not undermine each other. The statement "fight patriarchy, not each other" is a recurrent one, and one I want to take to heart. This book is so entertaining and empowering. Ok, now I need to either go to bed or get back to reading this book!

I want to thrust this book into the hands of every working woman I know. There are many other articles and books that document why it's difficult to be a woman at work, walking the fine line of being kind and confident - but not too much of either. The difference is that "Feminist Fight Club" doesn't just lay out the problems. It provides solutions. Picture "Lean In," but with humor and illustrations. I found myself reading it late at night, laughing knowingly as the author described eerily universal situations. I encouraged my husband to read a couple of the chapters. After reading them, he told me that he wanted to lend it to his female coworkers. It's the kind of book I wish had come out years ago so I could've read it earlier in my career.

This is a really amazing book. I am a man who has worked in the corporate world for a long time and--I have to be honest--I have been guilty of many of the subtly sexist behaviors that Bennett describes. But after reading Feminist Fight Club, I have been able to readily identify those moments and take action to avoid them--I can literally sit here at my desk and think of half a dozen examples of times when I was about to interrupt a woman in a meeting but held my tongue. The book has also made me a much better ally to my female colleagues, as many of the strategies it outlines (such as,

for example, making sure women get the appropriate credit for their ideas/work product) can be implemented by men. In short, this book has profoundly changed my perspective and actions at work, and I have no doubt those changes are going to lead to better outcomes and better relationships for me as well as my female colleagues. Oh, I almost forgot--the book is also incredibly well-written, insightful, hilarious, and fun to read. There's no doubt I will be going back to it time and time again in the future.

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